



THE ROCK



Camp Lau-Ren @ Home

The Camp Lau-Ren spirit lives on in the summer of 2020. The camp site may be empty, but campers and families are still invited to engage with Camp Lau-Ren on social media this summer. There is no cost but there is

lots of fun to be had. Camp Lau-Ren Virtual Programmer, Samantha Meabry (a.k.a. "Sparkle") has an abundance of enthusiasm and camp experience. She is busy planning for fun and engaging activities for campers and



families this summer via Facebook, Instagram and maybe even Tik Tok.

In June there will be information and countdown posts along with games like social media Camp Bingo and a game called This or That. "Camp In A Box" will be introduced in preparation for the July 2 launch day. Sparkle plans to repost photos submitted by campers and families to create excitement for the online summer camp experience. Camp Lau-Ren @ Home begins with the Tadpole Camp. Each camp week starts with a welcome from the camp director, videos prepared by Sparkle, online activities and pictures and videos sent in of campers completing the activities. Posts and activities can be completed at the camper's convenience on Camp Lau-Ren's Facebook and Instagram pages. Be sure to join Camp Lau-Ren @ Home.

Counsellor's Corner - Nadia

In 2019, Nadia marked ten summers at Camp Lau-Ren. She knew she had to go when she was seven after hearing endless fun stories about camp from her older brother. Nadia attended every summer as a camper until 2018 when she volunteered as a counsellor at the Girls' Camp for the first time. Last summer she



completed a full summer as a paid counsellor. Her biggest reason for wanting to be a counsellor was to recreate "camp magic" for campers as her counsellors had done for her. One of the ways she helps to create that camp magic is with all the singing she loves to do at campfire and in the cabin with her campers. Favourite songs include "Green Grass" and "Don't Stop Believing".

She finds being a counsellor incredibly rewarding, the most challenging part is conserving energy for all the day's activities. Nadia has learned the importance of compassion and acceptance at camp. She feels that it is important that kids feel safe at camp and be able to trust their counsellor. "By always listening and being a caring individual, you can really create an impact." Her campers call her "Bambi", a nickname given to her by a school friend. Why? "Because of my constant clumsiness and falling over myself."

Bambi has high praise for Camp Lau-Ren. She says, "I have three places in the world that I consider home; my house, my Opa's home and Camp Lau-Ren. I have never experienced a more welcoming, inclusive and joyful place in my life. My hope is to always keep camp a special place in my heart and contribute to its legacy for as long as I can." Bambi was beyond excited about coming back as a counsellor in 2020. With camp cancelled for this year, she hopes to return in the future. She made a lot of great memories last year and can't wait to make some more. "I'm looking forward to working with new people and helping more kids to have a summer they'll never forget."