

CAMP LAU-REN

KIT LIST

Please label **ALL** articles.

A Must:

- Hat (preferably with a full crown) – NO VISORS
- Sunscreen
- Insect Repellant – Non-Aerosol – Containing DEET
- Rain Jacket
- Water Bottle
- Running shoes

Sleeping Gear:

- Sleeping Bag
- Bed Sheet
- Extra Blanket
- Pillow
- Flashlight & extra batteries

Clothing:

- Warm pajamas
- 5 T-shirts
- 2 long-sleeved shirts
- 4 shorts
- 2 long pants
- 6 pairs underwear
- 6-8 pairs socks
- Jacket
- 2 pairs running shoes (if possible)

Beach Clothing:

- Modest one-piece bathing suit or tankini
- Beach Towel
- Sandals

Toiletries:

- Toothpaste, toothbrush, cup
- Hand soap
- Shampoo
- Hand towel & face cloth
- Comb or hairbrush
- Deodorant

Extra:

- Camera
- Book(s)
- Paper, pen, envelopes for writing letters (stamps are available at Tuck)

Do not bring:

- Video games, cell phones, ipods, MP3 players, ghetto blasters.
- Electrical appliances – radios, alarm clocks, curling iron, blow dryer
- **FOOD OF ANY KIND**

Parents: please remember to do a head lice check 10 days prior to camp, so any problems can be taken care of ahead of time.

**Get your kid's stuff ready for camp this summer!
Want your child's belongings to come back home after camp this
summer? Lovable Labels is the solution!**

Camp Lau-Ren and Lovable Labels have partnered up to get you ready for summer! 20% of every order will support Camp Lau-Ren. Easily customize your own labels online and enjoy free shipping! These labels are waterproof, dishwasher, laundry and microwave safe, but peel right off when time to remove.

**For more details, and to order your Lovable Labels,
visit www.camplau-ren.lovablelabels.ca**